

## Voice of the people – TheChronicleHerald.ca

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### Serious laugh

Being the Titz 'n Glitz Chair for the past three years, I felt I must respond to Clarke McKenzie's view regarding the name of our event ("Offensive terms," Aug. 27 letter).

Titz 'n Glitz is celebrated among breast cancer patients as an avenue for release and a source of financial help. Twelve years ago, breast cancer patients were asked what they thought of the name Titz 'n Glitz. It was empowering and they loved it! A Titz 'n Glitz event is something to look forward to... a celebration of women, to remember the loss of a loved one, to laugh or cry and have a great time, even if only for a few hours. We bring levity to a stressful time while also providing funding for everyday needs.

Titz 'n Glitz has distributed over \$700,000 through our society "On The Front Line" to breast cancer patients across Nova Scotia. It's odd how no one expresses outrage at the references that are used daily to describe women and their body parts. Instead, Titz 'n Glitz supporters have embraced one of these expressions, making a powerful statement! We are very serious about what we do and most people "get it."

Laughter has always been the best medicine. Come to a Titz 'n Glitz event and you'll see what I mean. (Sorry, no fellows allowed!)

Christina Fisher, Event Chair 2007,  
Titz 'n Glitz

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### Offensive terms

I found Titz n' Glitz offensive. Now I have to deal with Nuts4Ribs. Having been a health care social worker before retirement, I feel that cancer is demeaning enough to the body and the person, causing such effects as weakness, pain and sometimes the need for a great deal of intense, stressful medical care. Let's not belittle that further by giving cancer fundraising campaigns such cutsie, inane and, to some people including yours truly, offensive titles.

One can try to be a bit less serious about quite burdensome matters, at times, but this seems to border on the ridiculous. This comes from one who in no way considers himself a Puritan.

How is it that such words as "tits" and "nuts" can be thrown around by adults, but it's considered "off base" when children mimic parents and use such terms? There seems to be an issue of mixed messages herein.

There's usually a public outcry when the topic of proper sex education at school arises. There needs to be an outcry in our community, now, to curb these outrageously named campaigns. If people are offended by the name, why would they give money or credence to otherwise worthwhile causes?

Clarke McKenzie, Dartmouth